

A relatively short, steep in sections, blue-blazed trail for access to the Appalachian Trail. Elbow Trail is accessible by driving to the back of the Berkshire School. This is a good trail to take to access the Appalachian Trail section that crosses from Jug End Road to Guilder Pond. When you reach the top of the trail you can turn right to head to Jug End for excellent views or to the right where you will be very close to Hemlocks and Glen Brook shelter areas and within a short distance of Guilder Pond and Mt. Everett.

3.9 miles 1,115 ft elevation gain