Suggested MassParks Hikes!

Mount Everett State Reservation

East St, Mt Washington, MA 01258, (413) 528-0330

To help you plan your visit to Mount Everett, we offer the following suggested hikes that we think visitors might enjoy. **Introductory hikes** are relatively short and appropriate for most users, including families with children. **Signature hikes** are recommended trail experiences that may be longer or more difficult, but that highlights some of the best features of this State Park.

Introductory Hike Guilder Pond Loop

Trailhead: Off-season, begin at the gate at Mt Everett Road off East Street and hike up the road. In summer, there is parking available up Mt Everett Road at the Appalachian Trail.

Lat/Long: 42.107043, -73.435818

Distance: 1.0 to 1.7 miles, Difficulty: Moderate

Brief Description: Guilder Pond is the second highest pond in Massachusetts at 2048 feet. This relatively short loop circumnavigates the pond which features blooming mountain laurel and azalea in the spring and a reflected pallette of foliage in the fall. Summer hikers may enjoy sunning on the lovely rock shoal on the eastern side near the AT.

Signature Hike Race Brook Falls

Trailhead: Begin your hike at the paved parking area off of Rt 41 in Sheffield, where you will see signage and a trail map.

Lat/Long: 42.089658, -73.411203

Distance: 4.0 to 4.8 miles Round Trip, Difficulty: Difficult

Brief Description: The three-tiered Race Brook Falls is the highlight of the Mt. Everett State Reservation. This sometimes steep and braded trail leads you past the falls. The top of the trail intersects with the AT. Turning left you can climb Race Mountain which offers many goreous views from the open ledges.



Signature Hike

Mt Everett, Mt Race, and Sage's Ravine

Trailhead: Off-season, begin at the gate at Mt Everett Road off East Street and hike up the road. In summer, there is parking available up Mt Everett Road at the Appalachian Trail.

Lat/Long: 42.103550, -73.453233

Distance: 7 miles one way, Difficulty: Difficult

Brief Description: This spectacular section of the AT in southwest Massachusetts begins at Guilder Pond Parking area on Mt Everett Road. Follow the AT south to the top of Mt Everett. Continue to Mt Race with spectacular views. Then down to Sage's Ravine. Pass the Paradise Lane Trail and then turn right off the AT on an unmarked trail to AMC's Northwest Cabin and the Mt Frissell Trailhead on East Street, Mt. Washington.

Things to Remember:

- Time, distance, difficulty: <u>average</u> hiker pace is estimated at 1.5 miles per hour. Most distances are <u>round-trip</u>. Plan conservatively, start early. Be aware of weather and sunset. Trail difficulty ratings based on ruggedness and gradient are *easy*, *moderate*, *or difficult*.
- Wear weather appropriate clothing, layer for temperature changes. Appropriate footware is a must. Trails can be wet.
- Parking at trailheads: Parking fees may apply. Space may be limited. Be courteous to avoid blocking in others. Do not leave valuables in your car.
- Bring a map, and share your plans with someone.
- **Drinking water** is usually not available. Bring plenty! Trailside sources should be treated.
- **Stay on designated trails:** Follow painted blazes and signs if available. Double blazes indicate an intersection or direction change.
- Pace & group size: keep your group together; hike only as fast as your group's slowest hiker or rider. Limit group size to 12 people or fewer to lessen impacts.
- Carry-in, carry-out all trash: Leave No Trace outdoor ethics are strongly encouraged. For more information visit http://www.lnt.org/programs/principles.php
- **Pets are generally permitted** on 10-foot maximum leash and under control at all times. Please clean up after your pet and dispose of all waste outside of park. Be aware of local park rules and that not all users appreciate encountering pets, even when friendly.
- Be aware that some trails are not well marked.
- **Be aware of hunting seasons** and wear blaze orange when appropriate. For season info visit: http://www.mass.gov/dfwele/dfw/regulations/abstracts/hunting_dates.pdf

